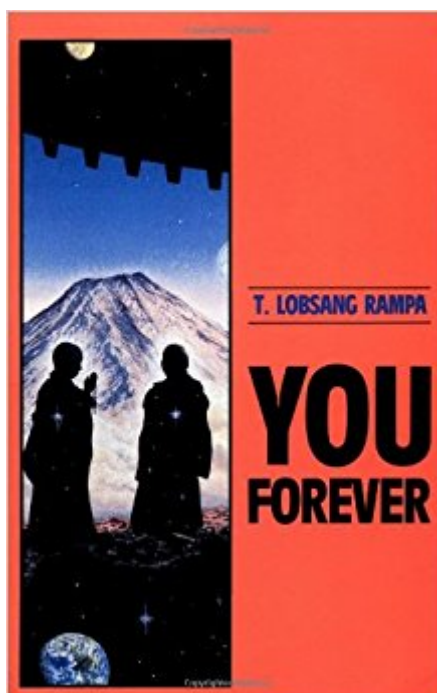


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# You Forever



## Synopsis

The author has created 30 easy-to-follow lessons on the basic metaphysical arts. Instructions for reading an aura, seeing the etheric, traveling in the astral plane, developing your psychic senses, and much more.

## Book Information

Paperback: 288 pages

Publisher: Weiser Books; Revised ed. edition (September 1, 1990)

Language: English

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Product Dimensions: 5.3 x 0.9 x 8.2 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 44 customer reviews

Best Sellers Rank: #370,377 in Books (See Top 100 in Books) #168 in Books > Politics & Social Sciences > Philosophy > Reference #333 in Books > Religion & Spirituality > Occult & Paranormal > Parapsychology > ESP

## Customer Reviews

Present day American culture is so removed from this line of thought, and it is so understandable why this content is hard to BELIEVE! Rampa explains how to astral travel, see auras, and visit other dimensions not only with so much clarity, but with a devised plan for this to actually happen. He also mentions how cluttered and confused our minds become through such wrong thoughts, wrong beliefs, the acceptance of fear and so, so many lies. "You Forever" is a great title. Most, and that includes the author of this post, need much, much unlearning and unbelieving of the many lies accepted both consciously and unconsciously for successful results to occur. Easier said than done!

I really never take the time to give a review but this book is life changing. Seriously Even to the point where I'm now sending it to friends....and I don't really ever do that either. It's the most comprehensive book on life I've read.

I remember being given this guide by a sensitive when I was a teenager and though I always have been open minded, back then I focused my energies on the outward and not the inward so I took the path most traveled by, and that has made all the difference .. I look forward to this journey.

Reading this book has opened my eyes to the ways of the world. The author writes with a bit of humor and is not overbearing. a must read!!!!

As you can see by many of the reviews, Dr. Rampa is a genuine Tibetan Buddhist/ Surgeon. This book is a boon for those trying to understand 'emptiness'. He makes it quiet clear what it is in the first two chapters. He teaches you how to relax your body and your mind so that you can begin your adventure into the realm of the Greater Reality. There are no big words, no fancy words and no very strange words that don't mean a thing to us here in the West. This book is ideal for getting younger people into the realm of metaphysics and truth, a realm which is hard to perceive nowadays. All of his books are well worth reading because in them and in "You Forever" he gets right down to the straight stuff, the right stuff, to gain enlightenment. You do not need to abandon loved ones or live in the wilderness nor do you need to give away all of your possessions. Dr. Rampa is the missing link to all the other Buddhist writings out on the market today. Dr. Rampa makes things easy. All you need to do is work for them with practice, practice, practice.

wonderful book, I love the old brown color of the pages

This book youth forever is a must, for people that are in to metaphysics. The lessons are some of the best spiritual teachings, If one would like to develop they spiritual abilities. The book is one of the best in the world, for spiritual practice. love it, Thank you Patrick,

If you are on the spiritual path, or if you have just started your journey, this book is a MUST READ. I have uncovered many prior unknown things which I could realize being in this path. Rampa's understanding of Spirituality is profound. He is a mystic and an enlightened person. The structure of the lessons is properly laid out, they are short and understandable. By reading this book, you will learn how to practice to do the following: How to see your etheric body How to see your Aura and other people's Aura How to read Akashic records How to develop Psychic abilities How to travel in the Astral Planes etc.. Good Luck on your Spiritual journey!

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